

# PAUSE AND ASK YOURSELF . . .

God uses unforeseen interruptions as His invitation for us to re-evaluate our priorities and choices. Take time during this unique period of history to answer the following questions. Each of the four questions has multiple parts. Take your time. Prayerfully consider each question. Invite the Holy Spirit to direct your answers. Discuss your answers with your small group or an accountability partner.

## 1. HOW AM I SEEKING GOD PERSONALLY?

*"Look to the Lord and His strength; seek His face always." (Psalm 105:4)*

**Rank these 6 activities in order by the amount of time you invest in each, 1 being the most time and 6 being the least.**

\_\_\_\_\_ Seeking God through prayer, silence, and meditation

\_\_\_\_\_ Spending time in authentic Jesus-centered community

\_\_\_\_\_ Engaging with God through His Word

\_\_\_\_\_ Engaging in hobbies, sports, or other activities you enjoy

\_\_\_\_\_ Mindless screen time (TV, movies, social media, surfing the web, etc.)

\_\_\_\_\_ Thinking/worrying about money and possessions

**In the Bible, there are specific ways we are told to seek after God. We are to: seek His face, seek His Kingdom, and seek His righteousness (*Read 2 Chronicles 7:14 and Matthew 6:33*).**

**How am I seeking God's face?**

---

---

**How am I seeking God's Kingdom?**

---

---

**How am I seeking God's righteousness?**

---

---

**What would I like to learn about God during this "pause"? What am I doing to learn it?**

---

---

**What disciplines am I currently practicing on a regular basis?** (circle all that apply)

Bible reading	fasting	worship	deep study
personal prayer	silence	music	practicing Sabbath
group prayer	solitude	time outdoors	scripture memory
accountability	servicing others	sharing the Gospel	other: _____

**What discipline do you believe God may be inviting you to try in order to grow in your relationship with Him? Explain how you will attempt to implement that discipline during this "pause".**

## 2. WHEN AM I SETTING ASIDE TIME FOR SPIRITUAL RENEWAL?

*"Jesus often withdrew to lonely places and prayer." (Luke 5:16)*

**In pursuit of God's presence and power, I have: (check all that apply)**

- \_\_\_\_\_ set aside one day in seven for rest and worship
- \_\_\_\_\_ set aside \_\_\_\_\_ minutes per day to pray and seek God
- \_\_\_\_\_ gone on a spiritually focused retreat with friends or family
- \_\_\_\_\_ participated in spiritually focused family time (prayer, reading, discussion, etc.)
- \_\_\_\_\_ attended special meetings dedicated to revival and renewal at my church or online
- \_\_\_\_\_ used vacation time to go on a mission trip
- \_\_\_\_\_ attended a spiritually focused conference
- \_\_\_\_\_ participated in a Christian camp environment for spiritual refreshment

**One practical way I could set aside a concentrated period of time to seek the Lord during this "pause" is to:**

**Who is a spiritual leader you believe would have wisdom to help you seek God for spiritual renewal? Schedule a time to meet with this person in the next month to discuss how you might do this.**

### 3. HOW AM I UNITING IN PRAYER WITH OTHERS FOR REVIVAL AND REDEMPTION?

*"Pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people." (Ephesians 6:18)*

**Jesus intended for us to grow in our faith together. Check any that apply.**

- I have avoided united prayer because I don't have time.  
(confess wrong priorities)
- I don't pray with others because I'm shy and don't like praying out loud.  
(confess pride)
- I don't pray much personally, so I feel hypocritical praying with others.  
(confess hypocrisy)
- I haven't prayed with others because I have so many of my own needs.  
(confess lack of love)
- I suppose I could pray with others, but I just haven't made the choice.  
(confess disobedience)
- I do pray with others, but only in formal, socially required situations.  
(confess ritualistic religion)

**I need to pray with others about revival in our church (and in our personal lives) because:**

**I need to pray with others for the redemption of souls in our community because:**

**Look up the following scriptures about the early church and write down what you learn about corporate prayer from each passage.**

**Acts 2:42-47**

**Acts 4:24-31**

**Acts 12:5-18**

**During this "pause," I will unite in prayer by:**

## 4. WHAT IS MY ACTION PLAN TO COMPLETE THE GREAT COMMISSION?

*"We are therefore Christ's ambassadors as though God were making His appeal through us".*

*(2 Corinthians 5:20)*

**My vision for revival must not end when life returns to normal; God intends for His light to shine brightly across the world through all eternity. What will I do to keep the habits and routines I establish during the "pause"?**

**Here are the primary ways I have been involved (up until now) in the work of the Great Commission, which Jesus commanded in Matthew 28:19-20 and Acts 1:8: (check all that apply)**

- My church encourages me to share the faith boldly and reach out creatively.
- I contribute toward and pray for the global expansion of the Gospel.
- I sense God's call on my life to share His Word with others.
- I have sought out training opportunities to share Jesus' message.
- I pray for people I meet and look for ways to introduce them to Jesus.
- My friends and family all know that I am a Christian.
- I use my creative/practical skills to advance the Gospel and show the love of Jesus.
- I am always encouraging my church leaders to forward for growth and outreach.

**A personal action plan toward the completion of the Great Commission can be based on Acts 1:8, where Jesus commissioned us as witnesses by the power of His Holy Spirit. We can pray with this in mind, then plan to reach the following three areas:**

- **Our Jerusalem** - our close network of friends, neighborhood, and work associates
- **Our Judea and Samaria** - the regions directly surrounding us - areas where we may not feel completely comfortable, but where we know the Gospel needs to spread
- **The ends of the earth** - the global church; people groups unreached by the Gospel; any place on earth that needs to know the love and joy of Christ's Kingdom

**Pray about these three areas and write down some initial ideas.** (Then continue to pray!)

- **Ways I can reach my close circles:**
  
- **Ways I can reach my surrounding areas:**
  
- **Ways I can reach out to the ends of the earth:**