

Jonah: What to do if you're swallowed by a big fish

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Southside Baptist Church

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Passage (READ IT): "Now the Lord provided a huge fish to swallow Jonah, and Jonah was in the belly of the fish three days and three nights." Jonah 1:17 (NIV)

Principle (KNOW IT): Sometimes God delivers you from the **fish** and sometimes God uses the **fish** to deliver you.

Practice (DO IT): Make a list of fish God has used to save you. Do you feel trapped in the belly of a fish now? How might God be using that fish to save you? Is that fish making you better or bitter?

What to do if you're swallowed by a large fish:

1. Don't waste time being **mad** at the **fish**.
2. Thank **God** for the **fish**, He may be using it to **save** your **life**!
3. Don't **rush** through the **bowels** of a **fish**
4. Be **prepared** to **exit** the fish

Notes:

Suggested Reading:

Life Interrupted, Priscilla Shirer

Surprised by Grace, Tullian Tchividjian